Dear Friends and Well Wishers,

Greetings!

I am very much delighted to address all my well wishers, donors and people who support and walk along with me towards serving humanity.

I understand the efforts put in by each one of you in supporting this great organization - Udvum Karangal. Without you this phenomenal accomplishments could not be achieved. It is much more to the credit of the well wishers who donate to support persons whom they are not aware of. This community of Well wishers and donors, I feel, is a model for the world of benevolence. I pray to God this would continue forever and ever, until the last person who needs help is reached.

As regards the various Projects that are being rolled out I am happy that there is a remarkable progress :-

- The Construction of Jeevan Community College has reached 70% and is likely to be completed by Nov 2022
- The Construction of Crematorium has reached 75% and is likely to be completed by Nov 2022
- The number of Panchayat/ Village Schools that have been given infrastructure facilities has touched 35 in 4 districts of Tamilnadu.
- The Million meal project for the underprivileged students of RVN School is progressing well with over 300 children being fed every day.
- The number of paraplegic persons those have been reached and given help is 100 persons and we plan to reach out to a total of 250 persons by December 2022.
- The Schools of Udvum Karangal have been performing well and have achieved 100% results in this year’s Board exams.
- The Gayathri Hospital has performed more surgeries for the underprivileged at affordable costs and the families of five just born babies have been gifted with Rs.10,000/- under Post Natal Care Scheme.

With the consistent support you have been extending for all the Projects of Udvum Karangal, I am for sure that everyone of you are living your life to full as all your support has and will reach the really deserving people that will give them a new lease of life.

Regards,

S. Vidyaakar, Founder Secretary

“You have not lived today until you have done something for someone who can never repay for.”
AMRIT UTSAV
(1947-2022)
A brief on persons to be felicitated
jointly by
Delhi Muththamizh Peravai
and
Delhi Tamil Sangam
on
7th August 2022 at 4:25 pm
Venue:
Thiruvalluvar Auditorium,
Delhi Tamil Sangam, Sector 5,
R.K Puram, New Delhi

Shri S.Vidyaakar (Founder Secretary Udavum Karangal)
Felicitated with a Citation & Rewarded Rs. 75,000/-
An Andhra Pradesh native mentally ill found wandering on the street was rescued by Udavum Karangal.

Based on a crisis call from the public in Thiruvannamalai that mentally ill young man aged about 25 years was wandering on the road, a social worker of Udavum Karangal rescued the man. Later he was admitted to its facility in Thiruvannamalai. During the initial enquires by the staff, he was not able to provide any details about his background. His body bore lots of bruise, cut marks on his chest and hands and wound on his face, which was caused because of beating by the public when he was roaming on the road.

Later he was referred to the psychiatrist who diagnosed him to be having depression psychosis counseling was done by Psychologist and Social Worker would interact with him on a daily basis.

During interaction with young man, he first disclosed his name as Jagan Mohan Reddy. He could give the phone number of his uncle from his village called Selapadu Village in Guntur Distsrict of Andhra Pradesh. The team reached his uncle and learnt that victim he was an alcoholic and a drug addict and had been fighting depression for very long time.

His uncle Subba Reddy, rushed to Udavum Karangal's Home at Thirvannamalai and received him back. The family was guided about the psychiatric treatment to be given and also one month's psychiatric medicines were given free of cost.
Donation of 33 Stainless steel table

Eight of the siblings from a family donated 33 SS Tables and Benches (3 seater) towards which your family (as below) Rs.5,00,000/- in memory of Shri R. Krishnan and Smt. Mythili Krishnan on his Centenary Celebrations held on 05-04-2022.

Mrs. Latha Parathasarathy  Mr. Krishnan Ramaswami  Mrs. Sudha Varadharajan  Mrs. Radha Sundararajan
Ms. Krithika Aravind  Mr. Sudarshan Chari  Mrs. Geetha Parthasarathy  Mr. Kashyap Krishnan Ramaswami

Distribution of Mobility Aids to Kilpauk Medical College Hospital

The following items of Mobility aids were donated by Udavum Karangal to Government KMC, Chennai on 12th June 2022. Mr. Mohan, Health Manager, handedover the items to Dr. P. Thirunavukkarasu, HOD – Physical Medicine and Rehabilitation:

DCPO - INSPECTION

Mrs. Nishanthini (DCPO) and Mrs. Sangeetha Child Probation Officer, along with Udavum Karangal Physician Dr. Sathyabama inspected Shanthisvanam on April 18, 2022. It was a general inspection during which they inquired about children's total strength, health, their living condition and academic details. They personally visited every place of the Home inspecting the dormitory of the children, restrooms, and kitchen. They went through all the registers maintained by the organization and provided very good feedback.

ParaSpara

Life Line Project for persons with Paraplegia

As you are aware Udavum Karangal has embarked on an initiative called “paraSpara” to help ostracized paraplegic persons. This has been designed to habilitate the paraplegic victims to provide a ray of hope, if not their original active life.

Objectives of paraSpara are:

• Provide pain free life
• Fulfil basic needs
• Get them Nutritious food
• Teach livelihood skills
• Supply prescribed medicines
Nature of illnes and condition of living

Life of Paraplegics who are left to fend for themselves is highly challenging due to their immobility. Normal persons can turn paraplegic due to an accident or a fall from a higher places. They can never recover, they cannot move and they are totally dependent for everything.

In the initial days with the hope to improve their condition they spend all the money including their savings on treatment. Some even borrow lakhs of rupees and ultimately find them wasted. One fine day they realize that they can never recover, at which point of time, they are penniless with lots of loans to be repair and lose their earning capacity due to the disability.

It brings a sudden change of situation in their family environment. Most often, they get abandoned by their family members and are left to fend for themselves. At this point, life for them comes to a standstill and they exist in the process of slow death. When things become bad to worse some even try to commit suicide. So it is a never ending problem they face. Unless they are properly guided or supported they and their family's destiny cannot be revived.

Initiative of Udavum Karangal towards Paraplegic patients :

A dedicated team, formed under the Founder to help them, is headed by Mr. Mohan (Health Manager) with two Social workers, para-medical staff, two helpers and a driver.

The team has so far identified 250 such persons in and around Tiruvallur, Chengalpet, Thiruvannamalai and Chennai who are fighting a losing battle. Out of which we have reached out to 75 persons till date and have provided them with monthly provision, air bed, medical cot and free medicines. As already planned, we will also be providing livelihood skills to enable them earn on their own while in bed.

There are still 175 such persons with paraplegia who need help.

Our mission to help

In Phase 1 -Help in the form Life’s basic needs like - Rice, groceries, airbed, Walkers, Commode Wheel chairs, medical cot, diapers and free medicines kit @ cost of Rs.20,000 for each person is proposed to be given.

In Phase -2, help for providing livelihood - like Laptops, sewing machine, etc. that will fetch income is proposed to be given @ 30,000 each.

Some paraplegic persons who were recently (May – June 2022) helped by Udavum Karangal with the support of Well Wishers.

Mr. Mohan, Health Supervisor, handing over essentials and medical cot with mattress and bed cover to a paraplegic person.
A 9 year old girl child by name Ms. Yogitha from Manali, Chennai, who has been diagnosed as Paraplegic and 80% disabled, Udavum Karangal, with your support has given a Pediatric Wheel chair, Essential Kit consisting of rice and provisions and free medicines.

The child is now comfortable in the wheel chair (also in the photo is our Health Manager, Mr. Mohan, who is the Chief Co-ordinator for the paraSpara Rehabilitation Project).

He is Mr. Sasikumar, aged 45 years. He met with an accident in 2011 and underwent a surgery. Even after second surgery done in 2017 he could not recover. There is acute pain in his back and both his legs are without sensation. He was working as a security and now has no job. He was given medical cot, mattress, pillow and bed sheet and also essential kit consisting of rice and provisions.

Mr. Venkatesan

He is Mr. Venkatesan, aged 35 years and is paraplegic. He met with a bike accident and is bedridden for the last 6 years. He worked as a coolie and has no savings left with him, after having spent a huge amount towards his treatment for paraplegia. Both his parents are no more.

He was married but wife abandoned due to his condition. Udavum Karangal located him and now has given him Hospital cot, mattress, Essential kit and Diapers. He is ready to take up some work from home employment for his livelihood.
Ms. Ezhilarasi

She is Ms. Ezhilarasi, aged 32 years, who is a graduate living in outskirtis of Chennai. He is a paraplegic person with 75% disability suffering from 2013, due to a bus accident. She has been operated in various big hospitals but could not regain her original health. Udvavum Karangal identified her in June 2022 and gave her cot, bed, bedsheet and 10 kg of rice and provision.

Both her parents are no more and she was married and separated due to this condition.

She is a BBA student and has knowledge of computers. She is ready to take up any computer related employment if provided an opportunity. She requires a Laptop for working.

Mr. Kumar

He is Mr. Kumar, aged 33 years who has been paraplegic person for the past one year. He became paraplegic due to an injury that occurred while fighting with the neighbours. He has almost spent Rs.1 lakhs through loans, but could not revive his health back since 2018. His medical condition is stated as Post traumatic paraplegia with epidural hematoma.

Prior to this, he worked as a Security in a private company. He resides in a hut in chengalpet and is not arried. Udvavum Karangal provided him with Hospital bed, and essential kit.

Support in the form of a Power Sewing machine given for earning livelihood for a female paraplegia person

“The first case is of Ms. Sundhari, who is 32 years old, single and lives at Meenjor along with her parents. She is paraplegic from birth and so could not go to regular school. Her monthly expenditure is Rs.15,000/-. Udvavum Karangal while understanding her talent to stitch dresses has now given her a Tailoring machine with motor fixed for sewing, costing Rs.25,000/-. The machine was donated and she was thankful to the Donors of Udvavum Karangal.”
GAYATHRI HOPITAL Free Medical Camps

S & P Apartment, Vanagaram

Yes Gee Yes Apartment, Vanagaram

BLS Training for Ambulance Drivers
Visit by TVS Group to Madurai Home

Twenty employees of TVS Sundram Fasteners Limited, Madurai (Virudhunagar dist., Krishnapuram, Aviyur) along with their factory medical officer Dr. Jeeva, visited Udavum Karangal’s Madurai Unit on 22nd June 2022. They were all involved in a CSR activity at the Home, conducted games with the patients and also served them food. General health checkup for the patients was tested by Dr. Jeeva.

Construction of Crematorium at Otteri, Chennai

The Crematorium is planned for construction at a place called Otteri for which the Government has allotted a land of 8000 Sqft. The foundation stone for construction of a modern LPG crematorium, was laid by Mr. S. Vidyaakar, Founder, on 19th June 2022, in the presence of the Ms. Amutha, Architect and the Contractor. The construction would be completed by September 2023.
Initiative of Udavum Karangal Charitable Trust

**ANNA NAGAR TIMES**

**POONAMALLEE EXPRESS**

Vidyakar gifts iron box to needy person

By Our Staff Reporter

On April 11, M. Vidyakar, Founder, Udavum Karangal, gifted a new iron box to Poonamallee (the charity who will use the iron box to aid in the needs of the community). The beneficiary had started using clothes with his father from the age of 12 and had maintained this for the past 40 years.

"During our interaction, he mentioned how he had recovered from this negative event in his life due to support from his family and friends. He is now working as a cook at a local eatery. The iron box will be used to mend clothes," said Poonamallee.

Ashok Nagar, Chennai

Medical equipments and accessories donated to Primary Health Centre Arani, Thiruvallur

Mobility Aids donated to Puthukkattu Bone & Joint Centre Pvt Ltd.

Thiru S. Vidyakar, Founder Udavum Karangal, Phone: 99401 88011,

Arumbakkam - 99400 35759; Thiruvanmil - 95622 44525; T.Nagar - 73587 86894; Maduravoyal - 99401 88052

Coimbatore - 99414 66110; Thiruvannamalai - 96000 78816; Madurai - 97910 15631
Marriages with a difference....

The journey of rejected female infants towards Wedding bells

Marriages are made in Heaven besides Udavum Karangal - a Chennai-based NGO. It's a place where girls are born with down in their eyes and look in their hearts. 16-year-old Pooja Visvanath, the founder of the NGO, performed 200 marriages in the past 14 years for her resident girls and all are successfully maintaining their family this way. She now has more than 250 grand children in the NGO.

This happens with a 360-degree turnaround in the lives of those girls who were rejected by the society and landed in Udavum Karangal. They are meticulously nurtured, given education, and love so that they grow up and lead a self-sufficient life.

One of the main aims of the NGO is to create awareness about the importance of girls' education and to promote the idea of celebrating the birth of a girl child, thinking gender equality, and promoting the acceptance of the girl child. The NGO is also promoting the idea of gender equality, and promoting the idea of celebrating the birth of a girl child, thinking gender equality, and promoting the idea of celebrating the birth of a girl child.

Address: Shri S. Visvanath, Founder, Udavum Karangal, 9440118017, Coimbatore, Chennai 641 006. 

Contact: S. Visvanath, Founder, Udavum Karangal, 9440118017, Coimbatore, Chennai 641 006. 

POONAMALLE EXPRESS

JUNE 1-11, 2022

Udavum Karangal appeals for donation to help paraplegic persons

A dedicated team, turned paraplegics, embarked on an initiative to help the paraplegic persons. Life of paraplegics is a constant struggle to adapt to their surroundings. It requires a lot of effort to move around and perform daily activities.

The team started a campaign to raise funds for the cause. The campaign aims to provide financial assistance to the paraplegic persons so that they can lead a normal life.

Address: Udavum Karangal, 9440118017, Coimbatore, Chennai 641 006.

Contact: S. Visvanath, Founder, Udavum Karangal, 9440118017, Coimbatore, Chennai 641 006.

ANNA NAGAR TIMES

JUNE 10, 2022

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Reuniting missing persons with families, supporting mental health

UNISON: Voice, a non-profit organisation founded by Wijayakumar, have recently launched two services under the umbrella of missing persons, Reuniting and Mental Health Services.

Hope behind a pile of garbage
(REHABILITATION INITIATIVE FOR PARAPLEGIC VICTIMS)

Life as a paraplegic patient in a rural environment can be a challenging one, especially for those who are not used to mobility. They have to adapt to new lifestyles and learn to live with their disabilities. Candles in The Wind is trying to help survivors of spinal cord injuries and other disabilities to live with dignity and improve their quality of life. They provide rehabilitation services, including physiotherapy, occupational therapy, and psychological support.
COMMUNITY DEVELOPMENT PROJECT SCHOOLS [CDPS]
Under CDPS, the facilities provided by Udavum Karangal are as follows:

1. Govt. Higher Sec School, Marakkanam, Vilupuram District.
   * Donated 60 SS Bench and Desk
   * Installed new RO system
   Total Cost of the project - Rs 5,76,900/-

2. Panchayat Union Primay School, Nadukuppam, Vilupuram District.
   * Construction of new class room
   Total Cost of the project - Rs 9,73,500/-

3. Panchayat Union Middle School, Omiper, Vilupuram District
   * Construction of a new compound wall (569 running feet)
   Total Cost of the project: Rs 14,54,067/-
4. Govt. Girls Higher Sec School, Marakkanam, Vilupuram District

* For Smart Class room – Fixing of floor mat and Iron sheets for doors and windows
* Complete painting for Smart Class room

**Total Cost of the project – Rs 3,00,663/-**

5. Govt. Higher Sec School, Anakkavoor, Cheyyar

* Fixed metal sheets for doors and windows for the newly constructed class rooms.

**Total Cost of the project – Rs 1,83,200/-**

**Feedback (from Well Wishers / Donors)**

Ramanathan Gnanadesikan
The three months from April to June 2022 has seen lots of activities in Udavum Karangal, with marriages happening, rescue and restorations done at shortest possible time and the most important of it all is the launch of the Life line Project to help paraplegic persons - paraSpara.

I remember to have recently read a verse --
“Our way is not soft grass, it’s a mountain path with lots of rocks. But it goes upwards, forward, toward the sun.”

I am hopeful that there is no looking back and all those who are marching with me have a firm conviction of reaching the goal - our goal in serving the community with compassion and purpose.

S. Vidyaakar
Founder, Udavum Karangal